

MORNING ROUTINE

Date: __

Rule Place Check Mark Immediately After I Complete Task. Next... Ask Mom To Check.

- Make Bed _____
- Hearing Aids _____
- Clean Glasses _____
- Breakfast _____
- Eat Fruit _____
- Put Chair Back In Place _____
- Clean Table _____
- Brush Teeth _____
- Clean Sink _____
- Wash Hands _____
- Drink 1 Cup Water _____
- Clean Face/Eyes _____
- Put on School Shirt _____
- Comb Hair _____
- Get Water Bottle _____
- Get Computer _____
- Show Mom Backpack _____
- Clear Desk/Tidy Rm _____
- Read Social Stories _____
- Wait for Car _____

Hint:
Ignore
Little Bro!!

Remember
Agenda
Book!!!

Did I ignore Little Bro? _____

Was I considerate to my siblings? _____

Did I use kind language? _____

Did I follow the rules? _____

Did I tell the truth? _____

Was I respectful? _____

Mom's Signature: _____

My Signature: _____

AFTER SCHOOL ROUTINE

- Empty Back-Pack _____
- Wash Hands _____
- Put Away Lunch Pail _____
- Put Away Water Bottle _____
- Drink 1 Cup Water _____
- Eat Fruit _____
- Homework _____
- Drink 1 Cup Water _____
- Chores _____
- ABA Session _____
- Drink 1 Cup Water _____
- Pack Backpack _____
- Drink 1 Cup Water _____
- Dinner _____



YES OR NO
Did I ignore Little Bro? _____
Was I considerate to my siblings? _____
Did I use kind language? _____
Did I follow the rules? _____
Did I tell the truth? _____
Was I respectful? _____

Mom's Signature: _____

My Signature: _____

NIGHTTIME ROUTINE

- Hearing Aids _____
- Shower _____
- Brush Teeth _____
- Put Soap/Shampoo _____
- Clean Sink _____
- PJ's (2 days Max) _____
- Journal _____
- Read Social Stories _____
- Medication _____
- Drink 5th Cup Water _____
- Clear Desk _____
- Tidy Room _____
- Put Glasses in Case _____
- Check Fruit/Veg Chart _____
- Temp for Tomorrow _____
- Clothes for Tomorrow _____
- Agenda _____
- Reading Log _____
- Chat w/Mom _____
- Positive Affirmation _____
- Read/Relax _____
- Bed _____

Hint:
Ignore
Little Bro!!

YES OR NO

Did I ignore Little Bro? _____

Was I considerate to my siblings?

Did I use kind language? _____

Did I follow the rules? _____

Did I tell the truth? _____

Was I respectful? _____

Mom's Signature: _____

My Signature: _____

WEEKEND ROUTINE

- Make Bed _____
- Hearing Aids _____
- Clean Glasses _____
- Breakfast _____
- Eat Fruit _____
- Drink 1 Cup Water _____
- Fix Chair _____
- Clean Table _____
- Brush Teeth _____
- Clean Sink _____
- Wash Hands _____
- Clean Face/Eyes _____
- Laundry _____
- Wash Bed Sheets _____
- Other Chores _____
- Drink 2nd Cup Water _____
- Drink 3rd Cup Water _____
- Chores/Bottles _____
- Eat Fruit _____
- Drink 4th Cup Water _____
- Drink 5th Cup Water _____

*Check Chore Board

Hint:
Ignore
Little Bro!!

YES OR NO

Did I ignore Little Bro? _____

Was I considerate to my siblings?

Did I use kind language? _____

Did I follow the rules? _____

Did I tell the truth? _____

Was I respectful? _____

Mom's Signature: _____

My Signature: _____

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