



**Swanky Brain**  
Lifetime Behavioral Solutions

SwankyBrain.com

*Workshops*

# 101 Proven Strategies & Tips

Saturday, October 13<sup>th</sup> 9:00a.m. - 1:00p.m.

*"Raise the Adult.... Not the Child!"*

**Effective Self-Management Systems & Solutions...** It is never too early or too late to introduce habits to your child that can be sustained over a lifetime... Leading to self confidence, resilience and the ability to make good decisions. Nellie will share simple and effective systems she has used in her home with her children from toddler to adulthood which have effectively prepared them for achievement and independence. Nellie will demonstrate examples of tasks that help toddlers through adults develop life skills and adaptive skills by learning how to organize, focus, attend, multi-task, emulate, generalize; while promoting ownership and self-reliance. This enables your child and young adult to take responsibility, develop their talents and strengths, while participating in meeting society's expectation at every level of their development.

To Register for the Workshop please contact:  
(805) 479-1736 or [nellie@swankybrain.com](mailto:nellie@swankybrain.com)

Online registration: [swankybrain.com/events](http://swankybrain.com/events)

\$75.00 per participant

Tuition Assistance Available Upon Request

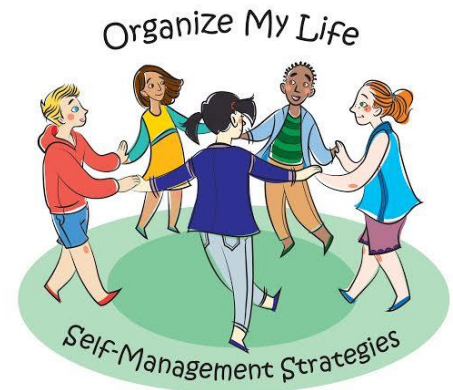
Workshop is being offered to: Parents & Professionals

**Heart 4 Kids Coaching, Training & Therapy Center**

145 W. Main Street

Suite #210

Tustin, CA. 92780



This Workshop teaches strategies in Listening, Communicating, Problem Solving, Engaging, while Developing and Strengthening Skills. It complements all Behavior Therapy Interventions...



Nellie Valentine, CEO  
Swanky Brain, Inc.

**INSTRUCTOR:**

**Nellie Valentine**

Author | Behavioral Educator | Coach

Nellie Valentine is an Author and proud mother of four amazing children on the Autism Spectrum, who range in age from early childhood to young adult. Each of her children has their own unique experience with ASD (Autism Spectrum Disorder) along with co-occurring illnesses, including ADHD (Attention Deficit Hyperactivity Disorder) Bipolar Disorder, Defiance Disorder, Depression, Reactive Attachment Disorder and Intellectual Disability. Nellie brings over twenty years of experience and knowledge gained from training she and her family have received in association with varied treatments and therapy programs.

Her Social Story Books are written for individuals with Autism and other Neurodevelopmental disorders. These books guide the readers in learning social rules, positive behavior and engaging successfully with others. The books are available in both an Early Childhood series and Young Adult series. They are also translated in the Spanish language. Prior to her work in Behavior Intervention, Nellie served as Vice President Operations for a major charity.